

MIND 2 BODY STUDIO™, L.L.C.

Freemotion i Tonic Release Form

At *Mind 2 Body Studio™, L.L.C.*, clients may have access to the Freemotion iTonic whole body vibration platform as part of their exercise-training program. Use of the Freemotion i Tonic is said to enhance joint mobility and range of motion, increase blood circulation, and build core strength, balance and coordination. In order to use the Freemotion iTonic, clients are to be aware of the following contraindications:

- Pregnancy
- Hip or knee implants
- Pacemaker
- Recently places screws, pins, bolt or spirals
- Acute disc herniation, discopathy or spondylitis
- Serious cardiovascular disease or any heart condition
- Acute thrombosis or blood clots
- Epilepsy
- Serious diabetes
- Recent wound due to operation
- Fresh inflammation
- History of detached retina
- Advanced arthrosis, arthropathy and advanced rheumatoid arthritis

Clients with any of the above conditions are prohibited from using the Freemotion iTonic machine without the written permission of their physician. Clients also agree to follow the direction of an instructor in the use of the Freemotion iTonic, and adhere to safety measures while in use.

I have read the Freemotion iTonic Release Form and I am aware of the contraindications. I hereby absolve *Mind 2 Body Studio™, L.L.C.*, and its staff from any responsibility for injuries that I might sustain while using the Freemotion iTonic Vibration Training Platform.

Signed: _____

Date: _____